

2025 Menus

Individual Finger Buffet Boxes

Individual boxes have several reasons for their use. From dietary needs to personal preferences, to just wanting an individual meal. We do have minimum requirements on some options, these can be added to a main finger buffet, or provided as is. Our total minimum of 10 boxes is required when purchased on their own in the local area. Less are required if accompanying a finger buffet. Priced at £7.50 + VAT each (£9.00 inc VAT) or £8.50 + VAT each (£10.20 inc VAT).

There is a delivery charge for all our services, price dependent on address.

Choose from the following individual boxed buffets:

Classic – £7.50 + VAT per person includes:

- 1 round of sandwiches per person, ¼ of each of the following fillings: Cheese & Pickle, Chicken Salad, Ham Salad, Cheese & Ham, on White & Wholemeal bread
- 2 x Vegetarian Quiches, varied fillings
- 2 x Mini Sausage Rolls
- Homemade Cake & 2 x Fresh Fruit Kebabs
- *Contains Egg/Dairy/Mustard/Gluten*
- *Minimum order of 2*

Afternoon Tea – £8.50 + VAT per person includes:

- 1 round of sandwiches per person, ¼ of each of the following fillings: Smoked Salmon with Cream Cheese, Cheddar & Cucumber, Ham & Dijon Mustard, Chicken Salad, on White & Wholemeal bread
- Scone filled with Clotted Cream & Strawberry Jam
- Homemade Chocolate Brownie
- Homemade Lemon Drizzle
- Fresh Strawberries
- *Contains Eggs/Dairy/Mustard/Gluten*
- *Minimum order of 2*

Gluten/Dairy Free Afternoon Tea – £8.50 + VAT per person includes:

- 2 White GF rolls with the fillings of your choice – Please specify when ordering. We use dairy free spread as standard.
- GF Vegan Brownie
- GF/DF Lemon & Blueberry Drizzle
- Fresh Strawberries
- *Contains Eggs therefore we cannot provide this Vegan*
- *No individual minimum order*

Vegetarian – £7.50 + VAT per person includes:

- 1 Spinach, Avocado, Cucumber and Parmesan wrap, with Mayonnaise.
- 2 x Vegetarian quiches, varied fillings
- 2 x Spring Rolls
- Homemade cake & 2 x Fresh Fruit Kebabs
- *Contains Dairy/Gluten/Egg/Mustard/Soya*
- *No individual minimum order*

Vegan – £7.50 + VAT per person includes:

- 1 Houmous, Roasted pepper and lettuce wrap
- 2 x Spring Rolls
- 2 x Indian Samosas
- Homemade Vegan Brownie & 2 x Fresh Fruit Kebabs
- *Contains Gluten/Sesame/Soya*
- *No individual minimum order*

Spicy – £7.50 + VAT per person includes:

- 1 Chicken Tikka wrap, with salad and Yoghurt & Mint dressing
- 2 x Vegetable samosas
- 2 x Spicy Chicken bites
- Homemade Cake & 2 x Fresh Fruit Kebabs
- *Contains Egg/Dairy/Mustard/Gluten/Soya*
- *No individual minimum order*



Sarah's
Catering

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Individual Salad Boxes

For those that wish to have something different, please find enclosed our Individual Salad Boxes. These can be added to a main finger buffet, or provided as is. Our total minimum of 5 boxes is required when purchased on their own in the local area. Delivery charges may apply.

Individual Salad Boxes
– **£8.00 + VAT per box**
(£9.60 inc VAT)

includes:

Each Salad has Mixed Salad Leaves and Herbs, with Sweetcorn, Beetroot, Carrot and a Tomato, Cucumber & Herb Salsa with Balsamic Dressing (unless otherwise stated in description). Boxes are provided with a disposable knife & fork.

Choose from the following:

- Chicken, Bacon & Parmesan with Caesar dressing (GF/Egg/Dairy)
- Roasted Stuffed ½ Pepper with fragrant Cous Cous (Vegan/Vegetarian/Gluten/DF/Soya/Sulphites)
- Avocado, Tomato & Olive (Vegan/Vegetarian/DF/GF)
- Feta Cheese, Red Onion & Olive with French dressing (V/Dairy/GF/Mustard)
- Tuna & Mixed Bean Salad with Honey & Mustard dressing (DF/GF/Mustard)

Suitable for Dietary needs

- GF – Gluten Free
- DF – Dairy Free

If you have any dietary concerns, we would be happy to discuss this with you.

Smooth Orange juice is available in 1 litre (6 cups) cartons at £3.00 + VAT (£3.60 inc VAT) per carton or individual 500ml bottles at £2.00 + VAT (£2.40 inc VAT) per bottle. Disposable cups are provided with cartons, drinks are to be purchased additionally.

Still or Sparkling Bottled water is available in 1.5 litre (9 cups) bottles at £3.00 + VAT (£3.60 inc VAT) or individual 500ml bottles at £1.50 + VAT (£1.80 inc VAT) per bottle. Disposable cups are provided with large bottles, drinks are to be purchased additionally.

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Sandwich Platters – by the platter

For those that wish to order platters of sandwiches, we offer a standard selection. Each tray comes with a specific filling selection, 3 of each filling, 9 rounds of sandwiches per person (36 quarters) on wholemeal and white bread. Provided on recyclable, disposable pulp platters with disposable plates and napkins as standard (9 per platter). Please note, these platters are set, and cannot therefore be personalised. All platters contain gluten or dairy unless stated otherwise.

Minimum of 3 platters required per order. Please note that a delivery charge may apply. For dietary concerns, please see our individual box menus.

Dietary:

(V/Vegan) – Vegetarian/Vegan
(GF) – Gluten Free
(DF) – Dairy Free
(Nuts/Celery/Sesame/Mustard/
Egg/Soya/Sulphite/Crustacean/
Molluscs/Fish/Lupin/Peanuts) –
Contains the allergen concern.

Please ask for any other dietary concerns.

Meat Platter

– £33.50 + VAT
(£40.20 inc VAT)

- Bacon, Tomato and Mayonnaise (Egg/Mustard/DF)
- Plain Ham (DF)
- Chicken with Mayonnaise, Tomato & Cucumber (Egg/Mustard/DF)

36 quarters of white and wholemeal sandwiches.

Fish Platter

– £42.50 + VAT
(£51.00 inc VAT)

- Tuna, Mayonnaise & Cucumber (DF/Fish/Egg/Mustard)
- Smoked Salmon & Cream Cheese (Fish)
- Prawns in Seafood Sauce (Crustaceans/Egg/DF)

36 quarters of white and wholemeal sandwiches.

Vegetarian Platter

– £33.50 + VAT
(£40.20 inc VAT)

- Free-range Egg Mayonnaise & Cress (V/Egg/Mustard/DF)
- Cheese & Tomato (V)
- Cheese & Pickle (V)

36 quarters of white and wholemeal sandwiches.

Vegan Platter

– £42.50 + VAT
(£51.00 inc VAT)

- Spinach, Avocado & Cucumber and Vegan mayonnaise (Vegan/DF)
- Chickpea, Beetroot, Houmous & Red Onion (Vegan/Sesame/DF)
- Falafel & Houmous with Rocket and Tomato (Vegan/DF/Sesame)

36 quarters of white and wholemeal sandwiches.

Smooth Orange juice is available in 1 litre (6 cups) cartons at £3.00 + VAT (£3.60 inc VAT) per carton or individual 500ml bottles at £2.00 + VAT (£2.40 inc VAT) per bottle. Still or Sparkling Bottled water is available in 1.5 litre (9 cups) bottles at £3.00 + VAT (£3.60 inc VAT) or individual 500ml bottles at £1.50 + VAT (£1.80 inc VAT) per bottle. Disposable cups are provided with large bottles and cartons, drinks are to be purchased additionally.

Other dietary needs can be provided as individual boxes.

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Finger Buffets

Option 1: Minimum 20 people. For quantities of 10 and over, please view our Individual boxes

The 'Simple' Selection Finger Buffet

– £6.75 + VAT per person (£8.10 including VAT)

includes:

- A variety of sandwiches from the 'Simple' filling's selection. Please specify up to 4 simple fillings (specify up to 6 fillings for quantities over 30 people)
- 2 quarters of a sandwich per person with crisps, with 3 items from 'Simple' buffet selection
- Homemade cake (Egg) OR Fresh Fruit Kebabs (We supply 50:50 unless you have a preference)

All buffet items contain Dairy and Gluten unless otherwise stated. We use dairy-free spread as standard.

Disposable plates and napkins are included in the price free of charge.

If you wish to add to your Finger Buffet, we are happy for you to personalise and create a bespoke menu. 'Simple' finger items are charged additionally @ 85p + VAT (£1.02 inc VAT) per item and we are happy to provide a quotation.

There is a delivery charge for all our services, price dependent on address.

'Simple' Sandwich Filling options:

Choose from the following selection of sandwich fillings, supplied on both white and brown bread unless a preference is specified.

- Free-range Egg Mayonnaise & Cress (V/Egg/Mustard/DF)
- Free-range sliced Egg & Tomato (V/Egg/DF)
- Cheese & Tomato (V)
- Cheese & Pickle (V/Sulphite)
- Cheese, Spring Onion & Mayonnaise (V/Egg/Mustard)
- Spinach, Vegan Cheese, Avocado & Cucumber and Vegan mayonnaise (Vegan/DF)
- Houmous & Roasted Pepper (Vegan/Sesame)
- Tuna, Mayonnaise & Cucumber (DF/Fish/Egg/Mustard)
- Tuna, Mayonnaise & Sweetcorn (DF/Fish/Egg/Mustard)
- Cheese, Ham & Pickle (Sulphite)
- Ham, Tomato, Cucumber (DF)
- Bacon, Tomato and Mayonnaise (Egg/Mustard/DF)
- Chicken, Tomato, Cucumber with mayonnaise (Egg/Mustard/DF)

All lay-and-leave buffets are provided on disposable, pulp, recyclable platters.

Please ask for any other dietary concerns.

'Simple' Finger Buffet choice:

- Additional 2 quarter sandwiches per person
- Vegetable Crudities with 2 dips & Tortilla chips (V/GF/1 dip suitable for Vegans/Celery/Sesame)
- Cherry Tomato, Mozzarella & Olive sticks (1-2) (V/GF)
- Vegetable Spring Rolls (1-2) with Sweet Chilli dip (DF/Vegan/Soya/Sesame)
- Vegetable Samosas & Onion Bhajis, served with Mango chutney (DF/Vegan/Soya) (2 in total)
- Mozzarella Fingers (1-2) with Sweet Chilli dip (V)
- Cheese & Chilli Nuggets (1-2) with Sweet Chilli Dip (V)
- Mini Quiche (1), varied fillings - Cheese & Onion; Tomato; Mushroom (Mustard/Egg)
- Pizza (1) with vegetarian toppings (V)
- Savoury Eggs (1-2) in Sausagemeat (Egg)
- Chicken Nuggets (2) with Heinz Ketchup dip (DF/Celery)
- Sausage Rolls & Cocktail Sausages (1-2) (Mustard/Oats/Eggs)

(-) indicates quantity/portion per person.

Dietary:

(V/Vegan) – Vegetarian/Vegan
(GF) – Gluten Free (GF)
(DF) – Dairy Free (DF)
(Nuts/Celery/Sesame/Mustard/Egg/Soya/Sulphite/Crustacean/Molluscs/Fish/Lupin/Peanuts) – Contains the allergen concern.

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Option 2: Minimum 20 people

The 'Substantial' Selection Finger Buffet

– £9.75 + VAT per person
(£11.70 including VAT)

includes:

- A variety of sandwiches from the 'Simple & Substantial' fillings selection. Please specify up to 2 simple and 2 substantial fillings (specify up to 3/3 fillings for quantities over 30 people)
- 2 quarters of a sandwich per person with crisps, with 3 items from 'Simple' buffet selection & 2 items from the 'Substantial' buffet
- Homemade cake (Egg) & fresh fruit kebabs

All buffet items contain Dairy and Gluten unless otherwise stated. We use dairy-free spread as standard.

Disposable plates and napkins are included in the price free of charge.

If you wish to add to your Finger Buffet, we are happy for you to personalise and create a bespoke menu. 'Substantial' finger items are charged additionally @ £1.20 + VAT (£1.44 inc VAT) per item and we are happy to re-quote accordingly.



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'Substantial' Sandwich Filling options:

Choose from the following selection of sandwich fillings, supplied on both white and brown bread unless a preference is specified.

- Free-range Egg Mayonnaise & Watercress (V/Egg/Mustard/DF)
- Cheddar, Apple & Mixed Fruit chutney (V)
- Cheddar with Tomato, Cucumber & Pickle (V/Sulphite)
- Brie & Fruit Chutney (V)
- Chickpea, Beetroot, Houmous & Red Onion (Vegan/Sesame)
- Falafel & Houmous with Rocket and Tomato (Vegan/DF/Sesame)
- Smoked Salmon & Cream Cheese (Fish)
- Prawns in Seafood sauce (Crustaceans/Egg/DF)
- Turkey, Sage & Onion stuffing, and Cranberry sauce
- Chicken, Bacon & Avocado with Mayonnaise (Egg/Mustard/DF)
- Chicken in Caesar dressing with Parmesan (Egg)
- Spicy Chicken with Yoghurt & Mint dressing and salad (Egg/Mustard/Soya)
- Beef with Horseradish and Tomato (Egg/Mustard/Sulphite)

All lay-and-leave buffets are provided on disposable, pulp, recyclable platters.

There is a delivery charge for all our services, price dependent on address.

'Substantial' Finger Buffet choices:

- Mediterranean Vegetable Crudities with 3 dips, Olives & savoury nibbles (V/2 dips suitable for Vegans/Celery/Sesame)
- Brie, Stilton and Cheddar Cheese sticks with Fresh Fruit (2), served with Biscuits for Cheese (V)
- Skewered Falafels (1-2) with Tomato Salsa dip (Vegan/DF/Sesame)
- Vegetable Gyozas (1-2) with Sweet Chilli Dip (Sesame/DF)
- Roasted Vegetable skewers (1-2) with Houmous dip (Vegan/DF/GF/Sesame)
- Breaded Jalapeno Peppers stuffed with Cream Cheese (1-2) with Sweet Chill dip (V/Soya)
- Battered Fish Goujons with Tartare Sauce (1) (Fish/DF/Eggs))
- Tail-on Coated King Prawns with Sweet Chilli dip (Crustaceans/Soya/DF)
- Skewered Swedish Meatballs (1-2) with Tomato Salsa dip (DF/Egg)
- Smoked Salmon pinwheels (1-2) (Fish)
- Chicken Satays (1-2) with sweet chilli sauce (Mustard/Soya/Egg/Sulphites)
- Traditional platter of Mini-Pork Pie (1/2), Sausage rolls (2) and Cocktail Sausages (more than 2) (Mustard/Oats/Eggs)
- Chicken Goujons (2), plain & southern fried with Heinz Ketchup dip (DF/Mustard/Celery)

(-) indicates quantity/portion per person.

Tea and Coffee Service

Filter coffee, traditional and speciality teas are available, with milk and sugar. Oat milk is available on prebooked request at £2.50 + VAT per litre carton. Price includes hot water urn/flask hire, and disposable cups. We will provide flasks for guests to help themselves. Staff can be provided if you prefer @ £20.00 + VAT per staff member per hour, minimum 2 hours required. China cups are also available to hire upon request if preferred. Prices are based on an initial set up fee, plus the quantity of refreshment breaks you require, as follows:

1 x Refreshment Break
- £3.00 per person + VAT
(£3.60 inc VAT)

Each further break is an additional £1.50 + VAT per person, per break.

Minimum 30 people

A delivery charge is required for each service drop off/break/pick up.

Homemade Cakes

£4.00 per head + VAT
(£4.80 inc VAT)

A Selection of Homemade, bite sized cakes & biscuits. Each guest receives 2-3. Depending on quantity required, this will determine how many choices will be supplied. Choose from:

- White Chocolate, Coconut & Raspberry slice
- Carrot cake
- Chocolate Brownies*
- Millionaire's shortbread
- Bread pudding
- Chocolate Cornflake Crispy cakes*
- Strawberry Tarts with Lemon cream filling
- Viennese whirls with Vanilla Butter cream and Jam*
- Crunchy Lemon drizzle
- Coconut sponge with Raspberry Jam
- Chocolate Fridge cake
- Mini Meringue pavlovas with fresh cream and strawberries
- Victoria Sponge with Raspberry Jam
- Coffee Sponge filled with coffee butter icing
- Ginger cake*

Minimum 30 people

Each cake contains either/or Eggs/Gluten/Dairy as standard. We can provide alternative dietary cakes for Gluten free and Vegan, although these need to be booked in advance (highlighted with *).

Individually wrapped Luxury Borders Biscuits

£0.85 per pack + VAT
(£1.02 inc VAT)

To be served with Tea/Coffee refreshments. Biscuits include a luxury selection of Chocolate chip cookies, Viennese fingers, and shortcakes, 2 biscuits per pack
(Gluten/Dairy/Soya/Eggs/Oats/ May contain Nuts)

Minimum 20 packs with
Tea/Coffee service

Smooth Orange juice is available in 1 litre (6 cups) cartons at £3.00 + VAT (£3.60 inc VAT) per carton or individual 500ml bottles at £2.00 + VAT (£2.40 inc VAT) per bottle. Disposable cups are provided with cartons, drinks are to be purchased additionally.

Still or Sparkling Bottled water is available in 1.5 litre (9 cups) bottles at £3.00 + VAT (£3.60 inc VAT) or individual 500ml bottles at £1.50 + VAT (£1.80 inc VAT) per bottle. Disposable cups are provided with large bottles, drinks are to be purchased additionally.



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Terms & Conditions

We try to keep our terms and conditions to a minimum. Confirmation of your order will be given by e-mail/post and will not be valid without confirmation by e-mail/post.

Whilst we will try to ensure you receive your chosen menu, there may be situations beyond our control, which would cause us to substitute an item with a similar priced, or more substantial item, for no additional cost to yourself. Vegetarian/Vegan products will be presented separately, where possible, and labelled with a Vegetarian/Vegan sticker when requested. We do not label any of our food unless requested, as you have chosen the menu. Dietary concerns are listed in our menus. Alternatively, please ask us if you have any concerns.

We cannot guarantee our products are free from nuts, as many of our suppliers do not offer this guarantee to us, although we have highlighted those that are known to contain nuts. As our menus include dietary concerns, please do inform us if there is an allergy issue, for these or any other allergy.

Delivery charges apply to all functions inside and outside the Chelmsford area, as well as each Tea/Coffee drop-offs/clearing. To keep our prices competitive, we reuse all our presentation platters (unless providing disposable, recyclable platters). However, if we do not receive our equipment back, charges may apply for replacement, at cost price.

VAT is listed as separate and included, for both our Corporate and Private clients, on all our buffet prices per head, and is payable on all our buffets.

For **corporate functions**, the following terms and conditions apply:

- Once the job is booked in, we understand that quantities may change. The larger the job, the more notice we require, and this varies with each job, e.g. for large jobs, we will require 1 week's quantity notice but can receive slight changes by lunchtime 2 working days beforehand.
- For special dietary requirements, please give us as much notice as possible, and it would need to be booked in advance.
- We have a minimum booking quantity for our menus, stated on each menu. Delivery charges apply. Unfortunately, it is not viable for us to cater for smaller buffets (under 20) outside of Chelmsford.
- We require at least 24 hours' notice to provide a small buffet for our corporate clients, more notice is required for larger. We cannot make changes on the day.
- Payment is required 30 days from the date of the function, if we have an account with yourselves. The invoice will be forwarded via email after the event, unless otherwise stated. Alternatively, if we do not have an account set up with yourselves, payment will be required in advance.

Cancellation terms for Corporate are as follows:

- For functions over 30 covers we require minimum 3 days cancellation notice.
- For functions under 30 covers we require 24 hours' notice (by 12pm on the day before the event).
- If the event cancels on the day, we require full payment.
- Cancellations due to bad weather or Government statements are negotiable, depending on the situation.

For **private functions** the following terms and conditions will apply; -

- For Finger buffets, we provide disposable plates and napkins free of charge, unless otherwise stated.
- Once the job is booked in, numbers can go up or down until 2 weeks before.
- For special dietary requirements please give us as much notice as possible. Our 'Individual boxes' are available if you wish to have a personal choice.
- After quotation, the date is held for 2 weeks for time to receive the deposit. A non-refundable deposit of approx. 25% is required to confirm the booking, unless otherwise stated. If a deposit is not received in this time, the date will be made available to others. If a booking is confirmed, the rest of the payment is required as per the terms of the email confirmation.

We do have minimum quantity requirements on our menus, and these are listed on each individual menu.

All the above box/finger buffet menus have a minimum order of 10 or 20 people respectively, depending on the menu, or platter quantity. These are provided as a lay-and-leave service. For smaller functions, our boxes are available (minimal quantity applies, depending on option).

For all dietary needs, salads or suitable boxed finger buffets are available on our 'Individual Boxes' menu at the beginning of this document.