

"I think I must believe in God, because when something bad happens, I automatically pray."

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“I think I must believe in God, because when something bad happens, I automatically pray.”

WHAT IS CHRISTIAN PRAYER

In this generation and technological age, it is the norm to be socially connected pretty much every minute of the day. We're so used to being glued to our phones that when we don't have it with us for even a few minutes, we suddenly develop acute anxiety disorder.

We depend on that line of communication in our personal relationships – and that's what prayer is – it's our way of communicating with God, and drawing closer to him.

It's very easy to think of God as a distant, ambiguous cosmic being; that maybe has a lot of wisdom and power, but is less good at the interpersonal, social stuff. But the God that I believe in, and the God that I want to have a relationship with, is God as my heavenly father. In the Bible, Jesus is often referring to God as his Father, and this reveals Him in a very relational, loving way – as a father who has this unconditional love for his children, and who wants to know and be known by them.

WHY PRAY?

So, why should we pray? What is the point of prayer?

Well if we want to stay connected with God, we need to communicate with Him. Without

connection and communication, there is no substance to a relationship. Every now and again on Facebook, I'll go through my friends list and have a kind of ruthless culling of all of the people I'm not really bothered about - people I'm not actually friends with! Yes, we have a superficial connection by being Facebook "friends", but we don't communicate, we don't invest time and effort into connecting with one another. Unless I invest in those relationships, unless there is connection there, the likelihood is those friendships will kind of just dissipate.

With good communication, our relationships can flourish, and be so rewarding. And it's the same for our relationship with God.



THE BENEFITS OF PRAYER

The idea of me and God sharing a chunk of time together is really impactful - there is something about soaking in the presence of God that is so intimate and refreshing, and so beneficial to us. It can be described as satisfying a spiritual hunger that I think we all have.

And prayer brings perspective.

One of the best ways to get perspective on our lives is to thank God for the good things. My old vicar, Archie Coates, had this exercise that he would do before going to bed every night. He would write down a list of ten good things from his day that he wanted to thank God for. It puts things into perspective.

And Christians believe there is power in prayer; that changing our situations is not beyond God's power. Answers to prayer can't really prove the existence of God. But William Temple – highly praised Archbishop of Canterbury said: "When I pray, coincidences happen. When I don't, they don't"

DOES GOD ALWAYS ANSWER PRAYER?

But then there's the inevitable question – "Does God always answer our prayers?"

It's all very well praying to God and trying to communicate with Him, but sometimes it can feel like our prayers are falling on deaf ears, that God's just not picking up

when we're calling out to Him. Well we would say that yes, God is always listening..... but it's important to make the distinction between an answered prayer, and us getting what we want.

I think God can answer our prayers with 3 different responses: Yes, No, and Not yet.

God loves to bless us. He loves to give us things that make us happy,

providing it really is the best thing for us. That's a yes response.

But like any good parent, God doesn't just say yes to all of our requests. There's a clip in the film Bruce Almighty - which, if you haven't seen it, is about a guy called Bruce who is given Godly powers, including the ability to hear everyone's prayers. In a desperate attempt to quickly and easily deal with all of these prayer requests, he sets up an emailing system that automatically responds to everyone's prayers with a "yes", and it does not turn out well - there is just chaos everywhere. Sometimes, what we want or what we think we need is actually not God's best for us – and he doesn't want to give us anything sub-par, when there is something better in store.

And then sometimes our prayers will be answered with a "not yet". If a child asks their parent if they can drive a car, hopefully the parent will have the sense to say no, but it's not no forever – there will be a time when that request will be answered with a yes.

"When I pray, coincidences happen. When I don't, they don't"

HOW DO WE PRAY?

So how should we pray? Well there are no rules - it's completely personal to you. You're free to talk to God in any way

that you want. It doesn't have to be super complicated. You don't have to be kneeling or with hands clasped together in front of your chest – although if that works for you, then great!

(Continued on page 3)

A really helpful model when it comes to prayer is to pray these three things: "Thank you. Sorry. Please." It's just good manners really.

Say thank you: there's so much to thank God for, and intentionally thinking about the good things in our lives cultivates an attitude of gratitude, which is so important for every area of our lives.

And then sorry: There's a pray that says "***So far today, God, I've done all right. I haven't gossiped, haven't lost my temper, haven't been greedy, grumpy, nasty, selfish or overindulgent – and I'm really glad about that. But in a few minutes, God, I'm going to get out of bed, and from then on I'm probably going to need a lot more help.***"

So, **thank you, sorry**, and then finally **please**: Jesus said, 'Pray, ask for your daily bread.' In other words, ask for anything you need. Anything that matters to you matters to God. Pray for others, yes, but also pray for yourself. There's nothing that you're concerned about which God does not want to hear about.

WHEN SHOULD WE PRAY?

And we can pray anytime, anywhere. There are no conditions that need to be met for us to talk to God or for him to listen.

And so to end with, I have three little tips to present to you.

Keep it real. Be authentic, be vulnerable, say what's really on your

heart or your mind. If we want a real relationship with God, we have to BE real with God.

Keep it simple. Our prayers don't have to be award-winning, eloquent speeches. Jesus taught his disciples The Lord's prayer, and it's 57 words long. I timed myself saying it earlier and it took me 21.9 seconds.

Keep it up. When we've got lots going on and we don't have much spare time, it can seem a nuisance or almost counterproductive to take the time out to pray to God. But it's really important to keep praying, to keep taking those moments to reconnect with God.

Martin Luther said "***I have so much to do that I shall spend the first three hours in prayer.***"

"Our prayers may be awkward. Our attempts may be feeble. But since the power of prayer is in the one who hears it and not the one who says it, our prayers do make a difference."

Prayer really is the most important activity of our lives, and it works.

Charlotte White

It was already looking like it might be a pretty good evening when Darth Vader walked through the door.

There were a few Princess Leias wandering around, a handful of Jedi playing table tennis. It was, in short, another night at **Junction**.

Tuesday evenings at Central Baptist are rarely dull. Junction - our weekly event for 11-18s - has had a huge variety of activities each week over the past year. We've had that Star Wars night; Nerf nights, where the church building is turned into a battle arena for one night only; we've had an Escape Room night - where the young people work in teams to solve puzzles in the fastest possible time; we've had races on 60 foot inflatable obstacle courses. Occasionally the leaders have had a go too.

Sometimes we have "quieter" nights too - though I'm not sure the volume ever changes much. On quieter nights you might find us round a pool table, or Connect 4, or in a game of Jenga that's being taken surprisingly seriously.

If you're into sports then there's something for you too - there are often games of football, hockey, or dodgeball to be played.

It is, in short, a fun way to spend a couple of hours on a Tuesday evening.



In addition to all that, each week, we take 10 minutes or so to think about what it means to be a Christian day to day. We might unpack something that's been in the news, or something related to what we've been up to on that evening, or just take a look at what the Bible has to say about issues the young people in our group are dealing with. We don't assume anything - maybe half of the young people in our group come to church regularly, and half don't, so we aim to give everyone something to think about.

Whatever we're up to, it's always good fun.

Dominic Rodger

Junction is a weekly evening for 11-18 year olds. It meets every Tuesday evening during term time, from 7pm to 9pm at Central Baptist Church. Entrance costs 50p, which goes towards the cost of new games and equipment for the club.

Further details can be found at centralbaptistchelmsford.org

Jibing At Sea...



Last summer a news story about Monique caught my eye.

Monique is an accomplished sailor from Brittany. She set out from the Canary Islands in May 2014 and has since been sailing around the world. She has called in at various ports along the way and during this time has, amongst other things, learned to surf, skateboard and sledge.

The world has too few well known female role models, so I am pleased to be able to say that I am in awe of Monique.

I am particularly in awe of her because people said that it wouldn't work out. After all, she started her journey as an inexperienced sailor on a 39 foot yacht heading out into the vast unknown! People said that she just wasn't cut out for that sort of journey or that sort of life. They said that she would find it far too stressful and that she would be much better

off spending her life doing something 'normal' and more in line with her natural talents and abilities.

I know they say that you should never meet your heroes, but I would like to meet Monique.....

because Monique is a chicken...a hero chicken....

....a hero chicken who has been travelling round the world with a human called Guirée Soudée.

Soudée has found, contrary to many people's expectations, that Monique has been the ideal sailor companion for him. Whilst only eating rice and corn (plus the odd fish) she actually provides him with freshly laid eggs at sea. In addition to this, Monique provides him with company, entertainment and, says Soudée, 'Compared with people, she doesn't complain at all.'

Sometimes, we box ourselves in. We tell God that he can't use us in this or that way because we are just not cut out for it. Perhaps we think that we are not experienced enough, gifted enough, eloquent enough, knowledgeable enough, old enough, young enough or whatever. Maybe we think that we are just too shy or perhaps too mouthy!

God can work in and through anyone in any way he likes!

God may assign us a task that is far beyond our power or resources to accomplish. Perhaps only then will we turn to him for the power, the knowledge, the skill and the resources that we need. Let's stop focusing on our talents, abilities and interests to determine God's will. Instead, why not seek God himself and just watch and wait as he equips us for whatever assignment He wants to accomplish in and through us.

When we tell God what we can't do, we are actually saying more about our faith in God (or lack of it) than we are about our own abilities. Either God is all powerful or he isn't. If He is

all powerful, then we do not need to question our ability, strength or resources to complete His assignments. He will equip us to accomplish all He calls us to do.

Be like Monique.....I'm sure she never questions the call on her life or her abilities to fulfil the task.

Lindsay Caplen

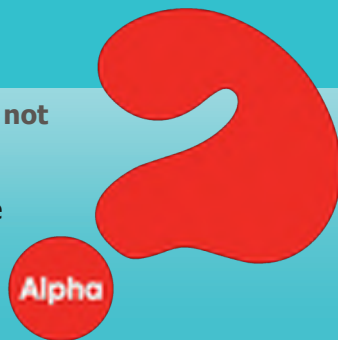
* Tacking more than 180 degrees to avoid a jibe (usually in harsh conditions) is sometimes referred to as a 'chicken jibe'.

Want to find out more about Christianity?

If you would like to find out more why not join our next Alpha course?

This is an opportunity for anyone to explore the Christian faith. It's relaxed, low-key, friendly and fun. It's a place where no question is too simple or too difficult.

To find out more email alpha@centralbaptistchelmsford.org



A Shopping Revolution

"For the love of money is the root of all evil"
1 Timothy 6:10 (KJV)

"For God does not show favouritism"
Romans 2:11 (NIV)

It is nearly 2,000 years since St Paul wrote these words but they are perhaps more relevant than ever. We live in a divided world and in many ways the root cause of this is human greed. In our own society there is an increasing gap between the wages of those at the top and the ordinary workers. In 1998 CEOs earned approximately 47 times the pay of an ordinary worker. Their pay is now approximately 130 times greater than that of the average employee.

At the same time, outside the UK there is still an enormous gulf between the standard of living in western industrialised countries where doctors warn of the dangers of over-eating and the rest of the world where millions go to be hungry and live shortened lives because they are under-nourished.

It is ironic that the world is in this state as in theory western societies are constantly striving for equality. Equality is the watchword of our age. Yet, the more we talk about it, the less we seem to achieve it.

Perhaps equality is a misleading ideal. The Bible teaches that we are all equal in the eyes of God. He has no favourites. Yet, it is obvious that we are not equal in other ways. We have different talents, different strengths and different weaknesses. We can't all achieve the same goals. Perhaps it would be better to aim at fairness rather than equality. In a fair world all would get a fair share according to their needs and abilities.

This of course was the great ideal of the Communist movement. From each according to his abilities, to each according to his need. 2017 is the centenary of the Russian Revolution which sought to put this ideal into practice. We all know how it ended. The Russian aristocracy and their privileges were swept away. The repressive organisations which kept them in power were dismantled. However, a new elite - the Communist Party - took their place and an even more repressive system was set up to protect those in power.

What is the answer? How can we make the world a fairer place? The Bible teaches that it isn't simply a case of changing the system. The real problem is human nature. What we all need is a change of heart. There is no silver bullet. No matter what the political system, it is the actions of individuals which will determine how fair our society is. Perhaps change needs to come not simply from the laws our governments enact but also from the way we behave as individuals in our daily lives.

That is where the Fairtrade movement comes in. Generally in business people are paid not according to how hard they work or what they produce but according to their bargaining power. This is why small-scale

farmers produce 70% of the world's food but make up 50% of the world's hungriest people. This is why, for example, people who sit behind desks make a good living from the chocolate industry while cocoa farmers who actually grow the cocoa beans live in poverty and cannot afford to buy a bar of chocolate. Fairtrade says that everyone who does a fair day's work deserves a fair day pay because trade should be a partnership that benefits everyone in the trading chain.

When we buy products with the Fairtrade Mark we can be sure that the producers have received a fair price that enables them to feed their families and in addition a extra amount - the social premium - that they will use for projects of their own choice to benefit the whole community. It is a hands-on way that we can all help to make the world a fairer place and heal the terrible divisions within our world which cause untold misery. Day by day our world is becoming a smaller place. Unless we find a peaceful way of making it fairer, it will not be safe for any of us or for our children.

Little things can make a big difference. Traidcraft has recently started selling organic herb teas sourced from Africa. Meru Herbs is a woman's co-operative based on the east slopes of Mount Kenya growing hibiscus, chamomile and lemongrass. It sells its herbs on

Fairtrade terms to a local factory where they are used to produce high quality herbal tea. Traidcraft started buying these teas and importing them to the UK in mid-2015. This has boosted production and indirectly has enabled the factory to find markets in Canada and Japan. As a result the farmers are receiving 35% more for their herbs and the factory workers are earning twice the minimum Kenyan wage. The smallholders now feel more financially secure. The environment is well cared for because the herbs are organic. The locals benefit from producing a finished product rather than just exporting the raw materials.

However, in the last analysis it all depends on sales. Fairtrade Fortnight happens once a year but the real challenge is to remember Fairtrade throughout the year and buy Fairtrade products wherever we see them. Behind each product on the supermarket shelves is a worker and a family. They do not need charity. They simply need a fair day's pay for a fair day's work. Buying Fairtrade products is a simple and practical way of ensuring they get this. Choosing a jar of coffee, a packet of tea or a bar of chocolate may seem trivial but if enough of us choose Fairtrade we can start a trading revolution that has the potential to bridge the growing gap between rich and poor and bring God's healing power into our trading system. Fairtrade has the potential to change the system from the bottom upwards but it needs ordinary shoppers to succeed.

So please when you go shopping, remember the workers behind the products and be part of a different kind of revolution - a shopping revolution - that can make the world a fairer and a safer place.

Gill Parker

Society has changed. No longer do we have to have specific roles and particular opportunities; people want to do everything and have all the opportunities they can. This sounds wonderful! However, I wonder if this change has come with certain consequences...

To seize all opportunities, most people have to multitask and it's no longer just women who have a reputation for this. We live in a society now where every man, woman and child frequently finds themselves multitasking. This can range from a woman responding to a work email while explaining to her child how to brush their teeth properly, to a man cooking dinner while trying to hear his child read. Perhaps, a woman might be distracted by dinner preparations while her friend is trying to share something important or perhaps a man is so keen to follow the football results on his phone that he doesn't fully follow the conversation he is having with his friend. There are numerous examples from our everyday lives. Even children are taking on more and more activities now – spending more time at clubs than they do with their family and friends or being pulled out of part of their school lessons to attend other activities, like learning to play the guitar. Bizarrely, being busy has, to a great extent, been encouraged in today's society. Some people actually seem to compete over how busy they can be.

As all this frantic activity persists, I love hearing snippets from a simpler era – where roles were distributed and people did one thing at a time, which meant they could do everything well because they had only one focus at a time. How much of our life now

involves things being done in a mediocre manner or done with such haste that no moments are ever savoured? You can't do everything; you were never created to. There are so many of us – surely we can share tasks out fairly, surely we can prioritise that which actually is worthwhile and that which is not.

Worthwhile activities always come back to relationship. The time we give is best spent with someone or for someone. A simple example of this would be sharing a meal or preparing a meal. Thinking of food, I actually heard someone mention recently that they thought that demand for 'drinkable' meals would increase as people would become too busy to actually cook and eat a meal. I would have found this hilarious if I didn't know that many people purchase cereal bars and breakfast drinks already so they can eat on the go (multitasking again!). Breakfast is just one example of how a part of our typical day can be beneficial for us and others. It can be worthwhile for ourselves as we provide nourishment for our day and savour the flavours provided for us; it can be an opportunity to sit for a few minutes and converse with our Heavenly Father; or it can be a time to share food with our family. Do we really not have ten minutes for toast?

Multitasking is ultimately distracting – you are distracted from each task you are trying to do and the result of that

is an impact on relationship, even the one you have with yourself. Knowing you are not doing your best at something may influence your self-esteem or you may miss the opportunity to enjoy the moment, thereby losing a key part of being human - joy. Equally, it could relate to the relationship we have with others – giving and receiving half-hearted attention diminishes each relationship. More significantly, we might fail to fully embrace time for our relationship with God which is the most joyful, life affirming aspect of our lives.

With all this in mind, I naturally think of one of my favourite passages in the Bible:

"As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!'

'Martha, Martha,' the Lord answered, 'you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.'" Luke 10: 38-42 (NIV)

I've been given the nickname Martha in the past and rightly so – I am a worrier and lack any sense of prioritising that which is important. Jesus spoke about the two greatest commandments, two aspects of our

lives that we should give precedence to above all others. The Bible tells us that *"Jesus replied: 'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.'"* Matthew 22 37-39 (NIV)

Prioritising a relationship with God and allowing all other relationships to grow from this central relationship, whether at home or at work, is the best way to live. In fact, it is the only way to fully live! Seeking satisfaction in other areas of our lives by constantly ticking off items on our life lists will eventually lead to a lack of fulfilment. Such effort with and for relationship will always lead to worthwhile work.

Worthwhile work comes from us being inspired by people like Mary. We prioritise relationship then work around that, to the benefit of all other relationships. At home we may listen to our family, find the best ways to support them and actively help them. Outside of the home, we may build relationships with our colleagues, supporting each another as a team and equally building relationships with clients or customers. Work can be positive and productive if we are working with and for others; if it is done mindfully, purposefully and properly; if it flows from relationship and is for the genuine benefit of relationship.

Maybe it's about time I become a person inspired by Mary. Maybe it's about time we all do.

Naomi Rowlands

Celebration Chocolate Cake

The traditional Easter cake is a Simnel Cake with eleven balls of marzipan on the top to symbolise the disciples of Jesus minus, of course, Judas. However, if you don't care for marzipan, you might prefer to try this recipe for a chocolate celebration cake instead with eleven small chocolate eggs on the top to carry on the Easter tradition.

Ingredients

100g butter or margarine
250g Fairtrade castor sugar
2 eggs
50g Fairtrade cocoa powder
230ml water

150g plain flour
1/4 tsp salt
1 tsp bicarbonate of soda
1/4tsp baking powder
11 small Fairtrade chocolate eggs.

Method

1. Preheat oven to 180/gas mark 4. Grease a deep 23cm cake tin.
2. In a mixing bowl beat margarine and sugar together until pale and fluffy. Add eggs one at a time.
3. Mix the cocoa and water together and add to the mixture followed by all the dry ingredients. Place in the greased and lined tin and bake for 50-60 minutes.
4. Leave to cool in the tin.
5. To make the fudge icing: melt 50g margarine. Add 1 tbs of milk, 1 tbsp of Fairtrade cocoa and beat in enough Fairtrade icing sugar to make a thick smooth icing. Pipe or spread over the cooled cake and allow to set.

This recipe is taken from the "Bake a Difference" cookbook which is available from the Fairtrade stall



What about Easter?

Easter is the single most significant Christian holiday, as the Easter story lies at the heart of Christianity.

But what is Easter all about? Many people understand that Easter has something to do with the death and resurrection of Jesus, but are confused as to how this is related to Easter eggs and the Easter bunny.

The origins of the Easter Bunny

The first historical references we have to an Easter Bunny date to 16th-century German tales. According to this legend, a mysterious creature named Escher Haws, or Easter Hare, visited children while they slept and rewarded them for their good behaviour (similar to Santa). The children made nests for the hare, which would then lay coloured eggs in them.

But why, exactly, German Protestants came to associate Easter with a magical hare is not clear.

The origins of the Easter egg

Of course, neither rabbits nor hares lay eggs, nor are eggs involved in the biblical story of Easter.

From a Christian perspective, Easter eggs are said to represent Jesus' emergence from the tomb and his resurrection.

By the 13th century, it was customary for Christians to abstain from eating eggs during Lent - the 40-day pre-Easter season. So, by Easter Sunday a typical village would have a massive egg surplus - making egg-related festivities convenient and practical even if they lacked a clear logical connection to the Bible.

The first edible Easter eggs date to 19th-century Europe. Germans made the sweets out of sugar and pastries and slipped them into the hats and bonnets that children laid out overnight. (These bonnets were the precursors to baskets.)



Approximately 80 million chocolate eggs are sold annually in the UK and the most popular chocolate egg worldwide is Cadbury's Cream Egg, which first went on sale in 1971. The Bourneville factory can make 1.5 million Cream Eggs every day, 500 million are made each year with one third being exported overseas.

Easter Sunday

This is a day of huge celebration in the Christian calendar. It commemorates the resurrection of Jesus Christ making it the most important Christian festival.

After Jesus was crucified his body was buried in cave with a huge stone put

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Dads & Toddler Group

A group of Dads and their babies and toddlers who meet together on Saturdays. There are a variety of toys and activities available and it is an opportunity for making friends with other Dads in the area. Refreshments are available.



The session runs from 10:00 to 11:30 am on the 1st Saturday of every month. All are welcome. A donation to cover costs is appreciated.

**For more info contact Dan or Gavin via
info@centralbaptistchelmsford.org**

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over the entrance. Yet the following Sunday, the stone had been moved and the tomb was empty. Jesus was then seen that day - and for days afterwards.

As such, his followers celebrated the fact he had been raised from the dead.

To find out more about the Easter story why not attend church on Easter Sunday or read the story in the Bible in the Gospel of John, chapters 18 to 21.

He offered sacrifice for our sins. And where did he find that offering, the pure victim that he would offer? He offered himself, in that he could find no other.

Augustine - The City of God

A selection of traditional and modern Easter prayers

Easter commemorates the resurrection of Jesus Christ. It is the most important Christian festival, and the one celebrated with the greatest joy. Without Easter there would be no Christianity. Without Jesus' suffering, his execution and subsequent resurrection there would be no Christianity, for however terrible the suffering was, it was part of God's plan for the salvation of humankind.

Easter marks the end of Lent, a period of fasting and penitence in preparation for Easter, which begins

on Ash Wednesday and lasts forty days (not counting Sundays).

The week before Easter, known as Holy Week, is very special in the Christian tradition. The Sunday before Easter is Palm Sunday and the last three days before Easter are Maundy Thursday, Good Friday and Holy Saturday (sometimes referred to as Silent Saturday). Palm Sunday, Maundy Thursday and Good Friday respectively commemorate Jesus' entry in Jerusalem, the Last Supper and the Crucifixion.

Christ is Risen: The world below lies desolate
Christ is Risen: The spirits of evil are fallen
Christ is Risen: The angels of God are rejoicing
Christ is Risen: The tombs of the dead are empty
Christ is Risen indeed from the dead,
the first of the sleepers,
Glory and power are his forever and ever.

St. Hippolytus (AD 190-236)

We give thanks to you, Lord,
for you have done marvellous things!

When we were walking in darkness
you were there, you were there,
when we were kneeling in weakness
you were there, you were there,
when we drew near feeling worthless
you were there, you were there,
when we were needing forgiveness
you were there, you were there,
when we were searching for your grace
you were there, you were there.

We give thanks to you, Lord,
for you have done marvellous things!

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Church Diary ~ Main Events

Key dates to put in your diary

<i>Sun 26th March</i>	Mothering Sunday
<i>Sat 1st April</i>	Dads & Toddlers
<i>Fri 14th April</i>	Good Friday - Christians Together in Chelmsford - 11:00am Service in the High Street: "Someone in the crowd" Preacher: Rev Mark Meatcher
<i>Sun 16th April</i>	Easter Sunday Praise
<i>Sat 6th May</i>	Dads & Toddlers

Regular Events

<i>Monday</i>	Ladies Circuit Training 8:00pm Badminton Club 8:00pm
<i>Tuesday</i>	Baby & Toddler Group 10:00am JUNCTION: CLUB - youth club for any young person in school years 7-13 7:00 - 9:00pm
<i>Thursday</i>	Girls' & Boys' Brigades

Check our website for latest details.

We'd love to hear from you.

To get in touch you can email us at: info@centralbaptistchelmsford.org, call us on 01245 264163 or pop in and see us at: Central Baptist Church, Victoria Road South, Chelmsford, Essex, CM1 1LN

If you'd like to contribute to Connect or have any comments then you can email us at: connect@centralbaptistchelmsford.org

